BSCorbett Consulting, LLC

The 15 Invaluable Laws of Growth…Live these laws and reach your potential

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1. The Law of **Intentionality** – Growth doesn't just happen.
2. The Law of **Awareness** – You must know yourself to grow yourself.
3. The Law of **The Mirror** – You must see value in yourself to add value to yourself.
4. The Law of **Reflection** – Learning to pause allows growth to catch up with you.
5. The Law of **Consistency** – Motivation gets you going, discipline keeps you growing.
6. The Law of **Environment** – Growth thrives in conducive environments.
7. The Law of **Design** – To maximize growth, develop strategies.
8. The Law of **Pain** – Good management of bad experiences leads to great growth.
9. The Law of The **Ladder** – Character growth determines the height of your personal growth.
10. The Law of The **Rubber Band** – Growth stops when you lose the tension between where you are and where you could be.
11. The Law of **Tradeoffs** – You have to give up to grow up.
12. The Law of **Curiosity** – Growth is stimulated by asking why?
13. The Law of **Modeling** – It's hard to improve when you have no one else but yourself to follow.
14. The Law of **Expansion** – Growth always increases your capacity.
15. The Law of **Contribution** – Growing yourself enables you to grow others.

Five frogs are sitting on a log. Four decide to jump off. How many are left? One. No. Five. Why? Because there's a difference between deciding and doing.